

REGISTRATION

BY MAIL:

Print this registration form.

Mail registration form to:

Terri Wiebold
250 12th Ave., Suite #150
Coralville, IA 52241

Please enclose a check payable to
Terri Wiebold for \$350

Deadline: see website for details.

OR BY PHONE:

Call with credit card information:
319-631-0824.

Name: _____

Email: _____

Phone: _____

Address

Street: _____

City/State/Zip: _____

Tuition is non-refundable but may be
transferred to another class. Classes are
taught several times a year.



Reiki
puts life in
BALANCE

Terri Wiebold, BSN, HN-BC, CMI, KRM
Board Certified Holistic Nurse Usui/Holy
Fire Karuna Reiki Master
Certified Medical Intuitive

Since 1993, Terri has been offering Reiki sessions to
clients and using Reiki as part of her self care.

Between 1993 to 2012 Terri completed Reiki Levels I/II,
ART, Reiki Master, Usui/Holy Fire Karuna Master, Crystal
Reiki I/II and has been teaching those levels since 1998,
2000 and 2014 respectively.

Terri Wiebold
319-631-0824
terri@yourhealinginsights.com
www.yourhealinginsights.com



Your Healing Insights



Usui/Holy Fire Reiki I & II Classes

Anyone is invited to this
experiential healing course

Saturday & Sunday
9 am to 5 pm
**(see website for
current schedule)**

What is Usui/Holy Fire Reiki?

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that if an unseen "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy.

Usui/Holy Fire Reiki has been introduced by the International Center for Reiki Training. It is both powerful and gentle and provides purification, healing, empowerment, and guidance. Holy Fire Reiki is a combination of traditional Usui Reiki and a new evolution of Reiki. This energy is remarkably refined and comes from a higher level of consciousness than other energy encountered before. It is more effective. While Reiki is spiritual in nature, it is not a religion.

*"God has breathed new life into Reiki."
Laurelle Shanti Gaia*

Reiki is a simple, natural and safe method of spiritual healing and self-improvement that everyone can use. It has been effective in helping virtually every known illness and malady and always creates a beneficial effect. It also works in conjunction with all other medical or therapeutic techniques to relieve side effects and promote recovery.

From the International Center for Reiki Training

The Value of Learning Usui/ Holy Fire Reiki

Whether you are a health care professional, healer or anyone any age, the value of learning Reiki is to help others and yourself maintain the health of the body, mind and spirit.

The Benefits include but not limited to:

Heals relationships and interactions with others

Increases energy

Heals deeply and quickly without distress

Releases worry and replaces it with a sense of safety in a most pronounced way.

Assists with post-operative healing, trauma, and pains

Practicing Reiki self-care is a non-invasive health resource

Expanding spiritual awareness

This class is for you, if these benefits are your concerns, or concerns of your clients, family, or friends.

Usui/Holy Fire Reiki I & II Class Description

This class is open to anyone interested in learning Reiki.

Usui/Holy Fire Reiki I and II are taught together during a weekend intensive according to the guidelines of the International Center for Reiki Training. Each student receives their personal Reiki I and II manual. Both attunements are given.

All of the information and techniques are covered, including:

- The Reiki hand positions
- Giving a complete Reiki treatment
- Using Reiki for specific conditions
- The Reiki II symbols and how to use them
- Using Reiki to heal unwanted habits
- Distant healing, Scanning, and Beaming

The class is a combination of lecture, discussion and experience. Practice time includes giving and receiving a complete Reiki treatment using all the hand positions, the self-treatment, Scanning self and others, Beaming, use of the second degree symbols and sending Reiki to others at a distance.